



How to run Discover at Home

What is Discover at Home?



Ripon Evolve *Image Paul Maven*

Discover at Home is a special version of Arts Award Discover, the first level of Arts Award. Arts Award is a set of awards for children and young people aged 25 and under that gets them involved in and excited about arts and culture and celebrates their creative achievements. Discover at Home is aimed at children aged 11 and under.

Arts Award aims to improve confidence and communication skills including literacy, as well as developing arts skills. Arts Award Discover is a foundation to introduce children to the world of the arts and culture and a springboard to other levels of Arts Award, which are qualifications regulated by Ofqual.

Discover at Home enables children to be rewarded for the creative activities they enjoy. It supports children to connect with local museums, theatres and arts activities they enjoy and explore new ones, online or at home, until it's possible to visit or engage with them again. Arts Award Discover can also be completed in more normal times, usually in partnership with school or a local arts organisation.

With easy to follow guidance and lots of suggestions for arts, craft and creative activities, Discover at Home is for parents & carers who may not be arts specialists themselves and are looking for something different to keep children engaged and entertained. They can even gain a certificate!



Photo Rene Vincit

What are 'the arts'?

For Discover at Home 'the arts' covers anything creative and cultural, including:



Reading



Creative writing



Poetry



Dancing



Drama



Music



Films



Photography



Sewing



Crafts



Circus



Architecture



Design



Collage



Model making

...And much more.

In this pack we have included lots of creative ideas, and provided links to a range of arts organisations offering opportunities for children to engage in the arts at home.

To help you explore the arts, we have two videos that show you how the arts are all around you, **Wake Up**, and **See, Hear, Think**.



Want to know more about Arts Award?

Eastside Educational Trust *photo* Kevin Ricks

There are four more levels to complete with Arts Award, and the highest level carries UCAS points. All levels are available for anyone aged 25 and under, as long as they are supported by a trained Arts Award adviser. You can find out more at artsaward.org.uk or by **contacting your local Bridge Organisation**.

How does Discover at Home work?

Usually children are supported to achieve Arts Award Discover by a trained Arts Award adviser. These are people with experience in the arts and work with children and young people, such as teachers, youth workers or people working in learning and outreach for arts or cultural organisations. However, during the coronavirus pandemic, parents & carers can run activities to achieve Discover at Home with your children. You can also work in partnership with schools or arts organisations who are providing activities which contribute towards Discover at Home.

This resource pack contains ideas for each part of Discover at Home that can be adapted to suit your children, and further support is available from Trinity College London, via email on discoverathome@trinitycollege.co.uk

What do children need to do?

Discover at Home encourages children to:

- ▶ develop a basic understanding of the arts
- ▶ take part in arts activities
- ▶ develop a basic understanding of communication

Children do this by completing all three parts of Discover at Home:

Part A: take part in creative or arts activities and discover different types of 'art'

Part B: find out about at least one artist and their work

Part C: share with others what they enjoyed and learned through doing Discover at Home

Children create a personal 'arts log' to record what they have done.

IDEAS ALERT!

We have an **extensive and growing list of online resources, activities and ideas you can use.**

What is an arts log, and how do I make one?

Arts logs are used to record children's achievements in the arts as well as collect 'evidence' of their participation (proof that children have completed each part of Discover at Home).

Evidence can be captured in different ways:

- ▶ photographs
- ▶ drawings
- ▶ audio or video clips
- ▶ writing
- ▶ witness statements etc.

There are templates at the end of this pack, but you can record evidence in any way you like. While children are at home, we recommend using online/digital tools as much as possible to log what they have done. This is particularly important if you would like to apply for a certificate. Our resource on **digital platforms** gives some more guidance.

When your child has completed the three parts of Discover at Home, you can submit their work to one of our partner arts organisations (an Arts Award 'centre') to gain a certificate. We recommend contacting your local **Arts Council England Bridge Organisation** in the first instance (contact details are at the end of this resource).

What do parents & carers need to do?

Your role is to ensure that children take part in the right activities for Discover at Home, and that this is recorded.

You will need to:

- ▶ Help your child to do at least one arts activity. This might be finding online videos for them to follow, or other arts activities for them to take part in. Use our **online ideas roundup** for suggestions, or visit your local Bridge Organisation's website for ideas from local organisations. Depending on the activity, you may also need to find materials for your children, but this isn't essential. Only do what you can with the resources you have to hand.

- ▶ Help your child find out about an artist. This could be through finding appropriate articles, documentaries or information online, or if you or a family member is creative helping them to find out some facts about this.
- ▶ Help your child to share what they have done. This might be asking them questions to help them think about what they have learnt and enjoyed, or could be helping them to arrange a call with other family members who aren't in your household to share with them.
- ▶ Help your child make their arts log. You may need to take photos or support them with writing, drawing or talking about what they have done.

What evidence do I need to gather?

Evidence doesn't need to be a lot of work. It can be as simple as a photo of your child taking part in a creative or arts activity, with a short note explaining what is happening in the picture (which can be from you or your child).

You need to provide evidence for each part of Discover at Home. This could all be photos, or a mix of photos, video, writing, drawing etc. If you are concerned about capturing your child in any images this isn't an issue. Any photos or videos used as evidence don't need to have your child present. If your child is in any images or videos they can also be unidentifiable (for example the back of their head, or their face blurred out). If you are comfortable with your child being in photos or videos this is of course absolutely fine!

You do not need to have your child in the photos. It can just be a record of what they have done.

Use the template log in this pack as a guide for what you need to do. You can use this and stick photos on this log, or you can create your own.

Evidence can also be informal. You could upload evidence to social media, using the hashtag #DiscoverAtHome. If you are planning to request a certificate, ensure that the organisation you will request this through will accept this evidence, and you will need to provide them with your social media handle.



Photo Yogesh Rahamatkar

What do children get at the end of Discover at Home?

If your child has completed all three parts of Discover at Home, for a small fee you can submit their work to an Arts Award centre to enable your child to receive their certificate. In some cases this may be free. However, you can also just use this pack as a way to structure some creative activities with your child, and use their arts log as a record and celebration of what they have done. Contact your local Arts Council Bridge Organisation for information on organisations in your area who are supporting Discover at Home where you can request your certificate from.

If you are based in Scotland, Wales or Northern Ireland, **contact us** for more guidance on how to gain a certificate.



Photo Aaron Burden

Get Creative with Discover at Home

Part A – discover

Part A is about introducing children to the arts.

Part A starts with discovering that art is all around us by finding different types of art.

What types of art can you find in your house? This could be films, literature (books), drawings, illustrations, furniture design, fashion design, product/package design, music or photography.

You could set up a challenge around your home for children to find as many different types of art as they can. This could be a bit like a treasure hunt, where you place images, books, clothes etc or play music in different parts of the home, and challenge children to find them all. Think about making a bingo board and using stickers so children can mark off when they have found the art forms, or use the resources included in this pack.

Use our videos as a starting point to help you think about the types of art in the home:

Wake Up

See, Hear, Think

Part A continues with taking part in at least one arts activity, but you can do more than one if you wish. This could be:

- ▶ Draw a picture
- ▶ Learn a dance
- ▶ Write a story or poem
- ▶ Sing a song

- ▶ Knit a scarf
- ▶ Make a collage
- ▶ Decorate a cake
- ▶ Play a musical instrument, or make music using found objects or using a music making app
- ▶ Make a film
- ▶ Perform a solo play
- ▶ Sew something
- ▶ Design an outfit
- ▶ Design a virtual world using Minecraft, Animal Crossing or other world building games appropriate for the age of your child
- ▶ Take some photos on a theme (for example 'my family', 'pets' or 'things I like')

Or anything else creative!

EVIDENCE ALERT!

Think about how you will evidence this activity - for example you could take a picture of your child taking part, or ask them to write down what they have done afterwards.

EVIDENCE ALERT!

Record their participation or what they created and add it to their personal arts log as evidence of their achievement. Include a bingo board or treasure hunt if you also used this.

Part B – find out

Part B is finding out about the people who make or create art and culture. They could be artists (dancers, actors, painters, musicians etc), or other creative jobs, like designers, crafters, carvers, producers or curators.

This develops a basic understanding of the professional world of the arts and culture.

You could set a challenge for your child to find out about an artist - is there someone they are studying in other parts of their school work they could look at? Some suggestions to get you started:

- ▶ Pablo Picasso
- ▶ William Shakespeare
- ▶ Mozart
- ▶ Cressida Cowell
(author of *How to Train Your Dragon*)
- ▶ Ariana Grande
- ▶ Stan Lee (comic book writer, and Marvel Comics' primary creative leader)

Artists can be anyone creative, so any musician, actor, writer, painter, director, dancer, fashion designer etc can count. Artists don't need to be famous: is there someone in your family or neighbourhood that is an artist?

Make sure your child focusses on their chosen person's creative career, rather than information they may find about their personal life or celebrity status. Set a challenge for them to find out three facts about their chosen artists' career such as:

- ▶ What was their first song?
- ▶ What are they most famous/celebrated for?
- ▶ How old were they when they started in their art/creative career?
- ▶ Did they train to do what they do (for example go to theatre or art school)?
- ▶ Who do they work with?
- ▶ What is your child's favourite piece of work by their chosen artist (for example their favourite song, piece of art, play, book, film etc)?

These questions are just suggestions - use your own, use all or just some of them or a mix. It's up to you!

EVIDENCE ALERT!

Children need to record what they have found out, either through writing this up, telling you what they found (you could video or audio record this, or write a witness statement of what they said), creating a presentation or poster with information - or anything else which logs what they found out.

Part C – share

Part C is about reflecting on and communicating what children have taken part in and found out through taking part in Discover at Home activities. Reflection is an important part of learning, and so this is designed to help your child with being able to remember information for all learning opportunities.

Children share what they learnt and enjoyed from taking part in arts activities and finding out about an artist. This can be done with parents/carers, siblings or anyone else. You may like to video call friends or relatives so they can share what they have done with them.

EVIDENCE ALERT!

Make sure to record the conversation, or take a photo of this happening to use as evidence in your child's log. You could always ask the people they shared with to write down what they told them, with a friendly comment about how well they did. This could be a particularly nice way to engage grandparents, aunts, uncles or other family members who you aren't able to see at the moment.

EVIDENCE ALERT!

Children could also create a poster, or share verbally with you or another family member. Just remember to record what was shared for their Discover at Home log.

What next?

If your child has completed all three parts of Discover at Home, congratulations on their arts achievement! For a small fee you may be able to submit their work to an Arts Award centre to enable your child to receive their certificate. In some cases this may be free.

Contact your local Bridge Organisation for information on organisations in your area who are supporting Discover at Home who you can request your certificate from.

We recommend you contact your local Bridge in the first instance for support on gaining your certificates, or for information of organisations local to you offering support with Discover at Home.

If you are based in Scotland, Wales or Northern Ireland, [contact us](#) for more guidance on how to gain a certificate.

Bridge Name	Email	Website
Tyne & Wear Archives and Museums (Culture Bridge North East) North East	bridge@twmuseums.org.uk	Website
We are IVE Yorkshire and the Humber	hello@weareIVE.org	Website
Curious Minds North West	info@curiousminds.org.uk	Website
Arts Connect West Midlands	artsconnectwm@wlv.ac.uk	Website
The Mighty Creatives East Midlands	artsaward@themightycreatives.com	Website
A New Direction London	schools@anewdirection.org.uk	Website
Royal Opera House Bridge East	bridge@roh.org.uk	Website
Festival Bridge East	bridge@nnfestival.org.uk	Website
Artswork South East	artsaward@artswork.org.uk	Website
Real Ideas Organisation South West	bridge@realideas.org	Website

Further help and advice is available from discoverathome@trinitycollege.co.uk

Arts Award is managed by Trinity College London in association with [Arts Council England](#) and 10 regional [Bridge organisations](#).

Discover at home

About me

Name

Favourite arts activity

Working towards Arts Award Discover is a great way to explore arts and culture and find out what you are interested in. Following this map, either use words or drawings to log your Journey or record your experiences through photos, film or audio.

All arts activities can be completed at home and recorded on this map, ask an adult for help if you are not sure which activities to include.

When you are finished you can send your map and any other recorded evidence to a local arts organisation and get your certificate.

Part A: Discover

Discover the arts around you, how many art forms can you find? Tick those you have spotted at home



Now you need to take part in one arts activity.

Which activity are you taking part in?
Write, draw or record what you did.

Part C: Share

Share what you have enjoyed about Arts Award Discover with others

Share with someone else. Tell them what you have enjoyed and learnt.

Who are you sharing with?

What did you tell them?

Congratulations

you have completed Discover at Home!

Find out more about Arts Award at artsaward.org.uk

Part B: Find out

Find out about an artist

Who are you going to find out about?

Write, draw or record what have you found out about them and their work?

Add a picture of your chosen artist or maker